



INSTITUTE OF SCIENCE, POONA'S

INSTITUTE OF BUSINESS MANAGEMENT & RESEARCH

Permanently affiliated to Savitribai Phule Pune University Recognized by Govt. of Maharashtra &

Approved by AICTE, New Delhi

Survey No. 130, Mumbai - Bangalore Highway, WAKAD, PUNE - 411 057.

* Website : www.ibmrpune.in

* Tel. : (020) 22934720

● Email : ibmrwakadpune@gmail.com

REPORT

On

LIVE BROADCAST SESSION ON FIT INDIA MOVEMENT

Institute of Business Management and Research, Wakad organized a live session for MBA Students on 29th August 2019 at 10:00 am in the Institute.

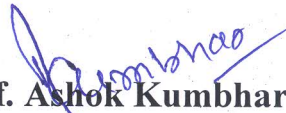
As a part of "Fit India Movement" Prime Minister Narendra Modi launched the Fit India Movement, delivered an address and also administered the Fitness Pledge. The live event Broadcasted by Doordarshan.

In these Program 30 students, 10 Faculty members and 5 Non- teaching staff participated. Participants watched the live Broadcasting on Doordarshan where Honorable Prime Minister talked about daily Exercise routine. While talking he gave the examples of different countries like Germany and Brittan. In that he said that if every citizen will be fit Country will be fit and Fitness is not just a word, it is a key requirement of a healthy and happy life. Also he said about technology and impact of technology on fitness.

P.M.Modi also added that many lifestyle diseases like diabetes, hypertension are increasing in India in that case we can change our lifestyle and we can stay away from these disease through Fit India Movement and we have to accept it Positively.

In Program he also added that there is a need for whole country to be fit.




Prof. Ashok Kumbhar
Student Development Officer